

COAAP 28.5

Task 3 – Handout #3

ASSESSMENT ACTIVITY: VISIT A DOCTOR

Directions: Read the story.

A few days ago, you started feeling very tired and achy all over. Your throat has been sore for the last two days, and you have a temperature between 100-104°F. You have headaches, muscle aches, congestion, and a cough. You've taken ibuprofen to reduce the fever and ease the pain, along with over-the-counter cold medicine for the cough. You have a cough, fever higher than 102°F, chills, difficulty breathing, shortness of breath, and chest pain when you cough. It's time to visit your doctor.

Using the information from the story, pretend you are visiting the doctor. Use the script below to prepare to act out your conversation with the doctor during the visit. Include the information:

- Greeting
- Description of the illness
- Responses to doctor's questions
- Closing

Doctor: Hello, __. *How are you?*

Patient: _____

Doctor: How can I help you today?

Patient: _____

Doctor: What symptoms are you having?

Patient: _____

Doctor: When did you start having these symptoms?

Patient: _____

Doctor: Sounds like you have the flu. Have you had your flu shot this season?

Patient: _____

Doctor: Are you currently taking any medications? If so, what are you taking?

Patient: _____

Doctor: I'm going to write you a prescription. Which pharmacy should I send your prescription to?

Patient: _____

Doctor: The pharmacist will explain how much of the medicine you will take, and how often to take this medication. I want you to get plenty of rest and drink lots of fluids like water and orange juice. Continue taking the ibuprofen to reduce the fever and for pain relief. Wash your hands frequently to prevent spreading the flu, and sneeze into tissue paper or your elbow when no tissue is available. I want you to consider getting the flu shot if you haven't already. If you are not feeling better after taking the medication for three days, please come back to see me. If you don't have any questions for me, let me take you to the nurse to check you out and schedule an appointment for next week.

Patient: _____

Doctor: Nice seeing you today, __. *Have a good day.*

Patient: _____