

Real-Life Examples and Practice – Talking About Past Mistakes and Regrets in English

Warm-Up

Read and listen to how people express regrets in English.

“I wish I had started saving earlier.”

“I regret not traveling when I had the chance.”

Now, think about your own experiences. What are some things you wish you’d done differently?

Practice: Complete the Sentences

Fill in the blanks with the correct form of the verbs in parentheses.

1. I ____ (should / call) my friend.
2. We ____ (could / go) to the concert.
3. They ____ (would / help) if they ____ (know).
4. I ____ (should / study) harder for the exam.
5. She ____ (could / apologize) sooner.

Write Your Own

Write two sentences about something you regret or wish you had done differently.

1. _____
2. _____

Reflection

Which situation feels most important to you? What did you learn from it?
